

*Slovak University of Agriculture, Faculty of Agrobiolgy and Food Resources,  
Department of Human Nutrition,  
Teaching Hospital, Nitra, 1st Internal Clinic,  
Preventive Cardiology Department*

In Nitra, on January 29<sup>th</sup> 2007

**Re: Medical opinion**

Based on an application of MTV Invest s.r.o., Cabajská cesta 28, 949 01 Nitra, asking for assessment of effects of the energy drink "Let' s Go" we are providing the following statement:

The Let' s Go drink showed no adverse side toxic or clinic effects.

A positive health effect was spotted in a group during several tests and clinical studies. The most astonishing effect, from the point of view of health, was confirmed by means of biochemical parameters. It is achieved in the area of metabolism and structure of lipids. A general downward tendency in so-called LDL cholesterol (Low Density Lipoprotein), upward tendency in so-called HDL cholesterol (High Density Lipoprotein) and downward tendency in the total content of organism fats was confirmed. These are key parameters that play a crucial role in the area of prevention of cardiovascular and oncological diseases. Other positive parameters were spotted in the area of organism water economy, mineral economy and increase of active muscle mass as well as in the area of improvement of overall metabolic turnover and reological blood characteristics.

Such positive effects were most notable in a group of sportsmen, youth (university students) and older people. We did not spot signs of extreme dependence. At the end, we assume that, from the medical point of view, this type of drinks can be recommended to a general public mainly due to its positive effects on lipid mechanism and absence of any side effects.

This Opinion was elaborated on the basis of:

- clinical study conducted in collaboration with the Department of Human Nutrition, FAFR, SUA, Nitra, the results of which are attached hereto,

- statement of the analytical laboratory “Belnovamann International, s.r.o. Bratislava” attached hereto, concerning biological cleanness and absence of toxic substances including heavy metals
- experience with consumption of the drink by older respondents.

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**MUDr. Marta Porubská**  
Nutrition and Metabolism Disorders

*illegible signature*

**MUDr. Peter Chlebo, PhD.**  
Head of Clinical Study and Head  
of Department of Human Nutrition

*oblong stamp with the following text:*

EUGEN, s.r.o.  
Špitálska 13  
NITRA  
P26465050201  
MUDr. Marta PORUBSKÁ  
Diabetology and Metabolism and  
Nutrition Disorders  
A75323050

*stamp with the following text:*

SLOVAK UNIVERSITY OF AGRICULTURE, NITRA  
FACULTY OF AGROBIOLOGY AND FOOD RESOURCES  
Department of Human Nutrition  
Trieda Andreja Hlinku 2, 949 76 NITRA  
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*oblong stamp with the following text:*

Všeobecná zdravotná poisťovňa a.s. (General Health Insurance Company, Ltd.)  
LEVICE  
2505  
MUDr. Peter CHLEBO  
Anesthesiologist  
A 85868099