

**Fakultná nemocnica, Nitra, I.. interná klinika**  
**Ambulancia preventívnej kardiológie**  
**(Teaching Hospital, Nitra, I.. Internal Clinic**  
**Out-patients' Department of Preventive Cardiology)**

In Nitra, 29 January 2013

**Re: Medical reference**

Based on a request of VDV, s.r.o., Niklová 3663/12, 926 01 Sered' on examination of the effect of an energy drink Let's Go, we give this statement:

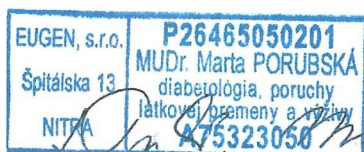
A drink Let's Go has recorded so far neither secondary unwanted effects nor clinical effects.

A positive effect on health was observed on the basis of several tests and clinical studies. The most remarkable effect from health standpoint, which can be reached in the field of lipid structure, was confirmed by biochemical parameters. It was confirmed a general trend in decrease of so-called LDL cholesterol (low density lipoprotein) and increase of so-called HDL cholesterol (high density lipoprotein) and in decrease of total content of lipid in organism. The matter is key parameters which are on side of prevention of cardiovascular and oncological diseases. Other positive parameters were shown in field of water supply of organism, and in growing of muscular mass also in improvement of total metabolic turnover and in reological blood properties.

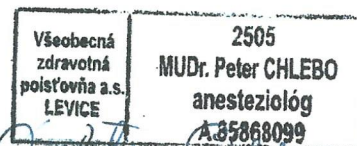
These positive effects have been shown most remarkably in group of sportmen, young people (university students) and as well as in older generation. Marks of extreme dependence have not been observed. In conclusion we can state, that from medical standpoint, it is possible to recommend this kind of drink for wider population mainly regarding to its positive effects on lipid mechanism and absence of any secondary effects.

As a record for this reference was used:

- clinical study, elaborated in cooperation with the Department of Human Nutrition, of the Faculty of Agrobiology and Food Resources of the Slovak University of Agriculture in Nitra, findings of which are the subject matter of a special annex,
- a statement of the analytical laboratory „Belnovamann International, s.r.o. Bratislava“ on biological purity and absence of toxic substances, mainly heavy metals, in annex
- own experience with serving this drink to the older persons.



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